Walk & Talk with Psychiatrists 2017

1.00 - 2.00PM, SUNDAY 21ST MAY, 2017 ST STEPHEN'S GREEN



The College of Psychiatrists of Ireland (CPsychl) will host its 3rd annual Walk & Talk with Psychiatrists for The Green Ribbon Campaign in St Stephen's Green on Sunday, 21st of May at 1pm. The event is run in conjunction with See Change, the National Stigma Reduction Partnership. Green Ribbon is held for a whole month, each May to spark a national conversation about mental health.

The Walk & Talk with Psychiatrists is about getting outdoors to promote wellness and activity. It is also a chance for those who use the services, their carers and family members, and mental health professionals to mix in an informal, welcoming, supportive and social atmosphere to discuss psychiatry, in an outdoor setting.

Speakers on the day

Four psychiatrists and one user of the services will speak for a few minutes at various points throughout the walk, with discussions and questions encouraged then and along the way.

Dr John Hillery, CPsychl President & Consultant Psychiatrist, Intellectual Disability

Dr Rosie Plunkett, Psychiatric registrar, Basic Specialist Trainee, Trainee Committee Chair 2016-2018, 'Lessons in Mental Health: what being a Trainee Psychiatrist has taught me (so far)'

Mr Rick Rossiter, CPsychl REFOCUS Committee member & See Change Ambassador, 'Stigma in my life, the past & present'

Dr Verena Keane, Consultant Psychiatrist, Learning Disability, CPsychl REFOCUS Committee Member, 'Learning disability psychiatry & medical psychotherapy'

Dr Denis Eustace, Consultant Psychiatrist, Old Age, 'From Merchants to Mind Doctors – A brief historical journey from a family perspective'

This is a FREE event & all are welcome.

We will meet at the park entrance across from the Shelbourne Hotel at 12.45pm and will end with refreshments afterwards.





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